



Rotary Club of Sevenoaks Amherst

For further information: www.kentcyclosportive.co.uk
Derek Williams, 01959 522148

Dear Cyclist,

14th Circuit of Kent - Cyclo Sportive – Sunday, 12th September 2010

Thank you for entering this year's event, which is again anticipated to be the largest and most enjoyable so far. Your strength and determination in this event will ultimately help those less fortunate who suffer from cancer. Sponsorship forms are available on our website (see above) to enable others to support you in raising money for Macmillan Cancer Relief and Hospice in the Weald.

Looking forward to sharing the day with you.

Derek
Event Co-ordinator

Rider's Instructions:

- Handlebar numbers will be issued at rider's sign-on
- All riders must attach the frame mounted electronic timing tag to their machine. No deposit is required for the electronic tag but **PLEASE MAKE SURE THAT THESE ARE RETURNED AT THE FINISH**
- The ride will start from Sevenoaks Prep School, Godden Green Sevenoaks Kent TN15 0JU. Local signs will be in place from the A25/A225 junction.
- Registration from **7.00 – 9.00 am.**
- Staggered start from 9.00 - 9.30 am
- Please download the map showing both the 80 km and 130 km routes
- Riders should follow the large fluorescent yellow arrows and the route marshalls directions. Members of the East Kent Advanced Motorcycle Club will patrol the route to reassure all entrants and provide a warning to oncoming traffic for larger groups of riders. A back-up support vehicle will follow the event and a first aid station will be available at Godden Green (start)
- Toilets, food and water and first aid kits will be provided at both feed stations, **(Frittenden and Claygate)** and public toilets can be found at West Malling, Teston Country Park, East Peckham and Hadlow.
- **Lunch: All riders will receive a free lunch at the Sign-on area on their return.** Why not bring the family – they will be able to enjoy a picnic and children's play area in pleasant surroundings.
- **A jazz band will welcome the rider's return.**

- All starters will have their name entered into a prize draw for the Specialised Bicycle Allez 27 2010 road bike value £500 donated by Wildside Cycles Tunbridge Wells. The draw will take place during the event.



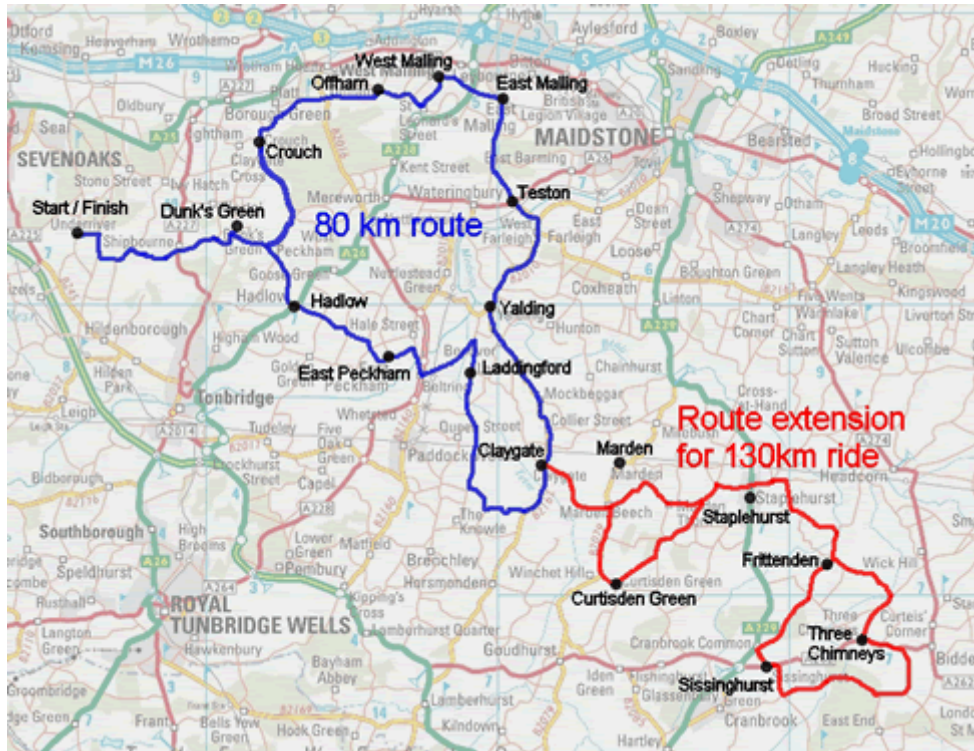
Safety Advice:

- Comply with the Highway Code at all times
- We recommend that you wear a cycling helmet
- Do not ride more than TWO abreast
- **Share** the road with other traffic
- If you see an accident stop, offer assistance and call the emergency services if necessary
- Event Support telephone number (**during ride only**) – Ken Marsden, 07967 149222
- Sevenoaks Amherst Rotary Club does not accept responsibility for loss or damage

Information:

There are two ride options: 80 kms or 130 kms

- All riders completing the route will receive a souvenir rosette
- All riders will have their times and achievements posted on the website
- www.kentcyclosportive.co.uk
- Photographs taken by Phil O'Connor during the event can be viewed on www.sportivephoto.co.uk



CHALLENGE TIMES

140 KMS MALE			
CATEGORY	AGE	GOLD	SILVER
A	18/39	4 hrs 13 mins	4 hrs 45 mins
B	40/49	4 hrs 18 mins	5 hrs 07 mins
C	50/59	4 hrs 29 mins	5 hrs 23 mins
D	60+	4 hrs 45 mins	5 hrs 40 mins
140 KMS FEMALE			
E	18/39	4 hrs 30 mins	5 hrs 00 mins
F	40/49	4 hrs 45 mins	5 hrs 15 mins
G	50/59	4 hrs 55 mins	5 hrs 20 mins
H	60+	5 hrs 20 mins	5 hrs 55 mins
80 KMS MALE			
A	18/39	2 hrs 54 mins	3 hrs 05 mins
B	40/49	3 hrs 05 mins	3 hrs 14 mins
C	50/59	3 hrs 14 mins	3 hrs 20 mins
D	60+	3 hrs 20 mins	3 hrs 30 mins
80 KMS FEMALE			
E	18/39	3 hrs 05 mins	3 hrs 14 mins
F	40/49	3 hrs 14 mins	3 hrs 20 mins
G	50/59	3 hrs 25 mins	3 hrs 30 mins
H	60+	3 hrs 30 mins	3 hrs 46 mins

